Scottish Dance Teachers' Alliance Highland Branch Syllabus



EDITION 2019

Highland Flightand Highland High land Highland High

AMATEUR MEDAL TESTS & GRADE EXAMINATIONS

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Scottish Dance Teachers' Alliance

101 Park Road

GLASGOW

G4 9JE

Tel. 0141 339 8944

office@sdta.co.uk www.sdta.co.uk

www.facebook.com/dancesdta

AMATEUR MEDAL TESTS & GRADE EXAMINATIONS SCOTTISH DANCE TEACHERS' ALLIANCE HIGHLAND BRANCH **AMATEUR MEDAL TEST & GRADE EXAMINATIONS**

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- Syllabus Edition 2019 to be used in conjunction with 8th edition SOBHD text book and compulsory from 1st September 2019. **Syllabus Edition 2017 or 2019** – may be used until 31st August 2019.

RULES AND CONDITIONS FOR MEDAL TESTS

- Candidates will be tested on demonstration only and the technique must conform to that laid down by the SOBHD.
- 2. Suitable attire should be worn, wearing of jewellery is prohibited. Appropriate practice wear will be accepted for all tests, if kilt or national outfit is not available.
- 3. Teachers shall ensure suitable music is provided. The music operator must be over 16 years of age. They may not have any contact with the candidates and should be seated facing away from the dancers, able to see the Examiner only. The music operator should leave the studio at all breaks.
- 4. Teachers should not remain in the Examination room, with the exception of the Dance Stars test
- 5. Teachers shall be notified by the Secretary re venue and/or time at which a candidate is due at a General Session and it is the Teacher's duty to inform their candidates.
- 6. When filling in entry forms, teachers should group the various standards together regardless of the running order of the timetable.
- 7. Entrants must take Medal Tests in order of achievement.
- 8. Candidates who enter for 2 consecutive tests at any one session must take the lower standard first and attain at least Commended. Teachers must confirm with the Examiner.
- 9. All candidates will receive the Examiner's Report and those who are successful will receive the appropriate awards.
- 10. The SDTA appeals policy is available from our website www.sdta.co.uk.
- 11. The passing of an Amateur Medal Test or Grade Examination cannot be regarded as a professional teaching qualification.
- 12. From Scottish Award 1 to 6, candidates must use double hilted swords.
- 13. Candidates presented for Highland Scottish Award 1 to 6 must be able to demonstrate the steps/dances required in the syllabus EVEN if using Championship steps throughout the test.
- 14. Candidates for Scottish National Award 1 to 5 must be able to demonstrate the steps/dances required in the syllabus EVEN if using Premiership steps throughout the test.
- 15. Due to the difficulty in obtaining Jig shoes, any suitable shoe is acceptable with the exception of tap shoes.

RULES AND CONDITIONS FOR GRADE EXAMINATIONS

As Rules and Conditions for Medal Tests 2 to 14 above plus:

- 16. Except in Primary Foundation, candidates will be verbally examined as to their knowledge of the techniques in and up to the Grade in which they are being examined, and will also be required to give a practical demonstration of the dances as set down in that Grade.
- 17. Primary Foundation and Primary is for candidates under the age of 10 years.
- 18. Grade 1 onwards is for candidates age 10 years and over.
- 19. Candidates from Grade 1 to 6 will be assessed on both theoretical knowledge and on practical demonstration on barre and centre work in addition to dances required in the practical section. 75% of the total mark will be awarded for theoretical knowledge and practical demonstration on the barre and centre work. 25% of the total mark will be awarded for the practical section.
- 20. Proper barre etiquette must be adhered to for all barre work:
 - Facing the barre, place both hands lightly (do not lean).
 - Facing the side, place one hand on barre and the other in 1st position.
 - Positions or movements should be demonstrated on both sides. The number of repetitions is at the discretion of the examiner.
 - A suitable chair will be accepted.
- 21. Candidates from Grade 1 to 6 will be marked as for Medal Tests taken on the same day but candidates must be able to demonstrate steps from the Grade syllabus if not included in the medal test.

TIMETABLE

(Times are approximate and based on 2 candidates at a time)

TEST	TIME (approximate)
HIGHLAND	
Dance Stars (see note)	5 mins
Preparatory	5 mins
Preliminary	5 mins
Pre-Bronze	5 mins
Bronze	10 mins
Pre-Silver	15 mins
Silver	15 mins
Pre-Gold	15 mins
Gold	15 mins
Scottish Award 1 - 6	20 mins
SCOTTISH NATIONAL	
Pre-Bronze/One Dance	5 mins
Bronze	10 mins
Silver	10 mins
Gold	10 mins
Scottish Award 1 - 5	15 mins
IRISH JIG / SAILORS' HORNPI	PE
Pre-Bronze - Scottish Award 4	5 mins
GRADES	
Primary Foundation	10 mins
Primary	15 mins
Grade 1	15 mins
Grade 2	20 mins
Grade 3 & 4	25 mins
Grade 5 & 6	30 mins
Elementary (Irish Jig & Sailors' Hornpipe)	30 mins
CHOREOGRAPHY	
Choreography	5 mins
Group Performance	10 mins

NOTE: Dance Stars should be taken 2 at a time unless a class of 3 candidates.

AMATEUR HIGHLAND MEDAL TESTS

DANCE STARS

AWARD: Certificates and Plaque to hold Dance Star Test Buttons

- These tests are suitable for candidates age 3 years to 6 years old.
- A maximum of 3 Tests can be taken on the same day.
- Teacher to advise the Examiner which movements the candidates are performing.

1ST TEST

- 1 Bow
- 2 Hands taken from 1st position to 3rd position and back to 1st position
- 3 Point close from 1st position to 4th position
- 4 Toe-Heel movement (with or without elevation)
- 5 4 Jumps in 1st position and 4 Claps. Repeat

2ND TEST

- 1 Jumps in 1st position
- 2 Changes in 3rd position
- 3 Point close from 1st position to 4th position
- 4 Spring Points in 4th position
- 5 Toe-Heel movement (with or without elevation)
- 6 Single High Cuts
- 7 Pas de Basques

Teacher to select five from 2nd Test

3RD TEST

- 1 16 Pas de Basques to music
- 2 High Cuts (Single)
- 3 Pas de Basques over 1st Sword
- 4 Open Pas de Basques over 2nd and 4th Sword
- Hop point in 2nd position, Hop point in 3rd position, Hop point in 4th position, Hop point in 3rd position
- 6 Spring Points over 2nd Sword (with or without turning)

Teacher to select five from 3rd Test

4TH TEST

- 1 Pas de Basques and High Cuts to music
- 2 8 Shedding or 1st Step Highland Fling
- 3 Shedding RF 4 Toe Heels 4 Claps (toe-heels with or without elevation)
- 4 Shedding Turns (one foot only)
- 5 Point close 1st position to 2nd position
- 6 Arms to 1st to 2nd position back to 1st position

Teacher to select 5 movements from 3rd and 4th Test

5TH TEST

Teacher to select 3 movements from 3rd test and 3 movements from 4th Test.

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PREPARATORY TEST

AWARDS: SDTA Medal and certificate

Demonstrate without music Spring Points

Single High Cuts Toe and Heel Pas de Basques

Movements of elevation in 1st position (Jumps) 8 Shedding movements *or* 1st step Highland Fling

PRELIMINARY TEST

AWARDS: SDTA Medal and certificate

6 Pas de Basques and 4 single High Cuts repeated 4 times to music or 5 Pas de

Basques Assemble, Disassemble into High Cuts Highland Fling 3 steps – 1st, 3rd, 8th

Each step to be demonstrated separately without music

ALTERNATIVE PRELIMINARY TEST

6 Pas de Basques and 4 single High Cuts repeated 4 times to music or 5 Pas de

Basques Assemble, Disassemble into High Cuts

Sword Dance (2 steps) 1st, 2nd or 4th

Each step to be demonstrated separately without music

NOTE: In Pre-Bronze, Bronze, Pre-Silver and Silver tests, the steps are the teacher's choice and single High Cutting will be accepted in the Sword Dance.

PRE-BRONZE TEST (One Dance)

AWARDS: SDTA Medal and certificate

Highland Fling 4 steps – no back steps
Sword Dance 2 slow steps and 1 quick step

BRONZE MEDAL TEST (Two Dances)

AWARDS: SDTA Bronze medal and certificate

Highland Fling 4 steps

Sword Dance 2 slow steps and 1 quick step

PRE-SILVER MEDAL TEST (Two Dances & Basic Movements)

AWARDS: SDTA Medal and certificate

Highland Fling 4 steps

Sword Dance 2 slow steps and 1 quick step

Basic Movements Brushes (4 RF 4 LF) travelling forward towards examiner.

Shuffles (8 times)

Hop Brush Beat Beat (2 RF 2LF)

SILVER MEDAL TEST (Three Dances)

AWARDS: SDTA Silver medal and certificate

Highland Fling 4 steps

Sword Dance 2 slow steps and 1 quick step Seann Triubhas 3 slow steps and 1 quick step

PRE-GOLD MEDAL TEST (Three Dances & Basic Movements)

AWARDS: SDTA Medal and certificate

Highland Fling 4 steps

Sword Dance 2 slow steps to include 2nd or 4th and 1 quick step

Seann Triubhas 3 slow steps and 1 quick step

Basic Movements Backsteps, Shakes from 2nd step of Seann Triubhas (RF

then LF), Shake Shake Down movement from 4th step of

Seann Triubhas (2 RF then 2 LF)

GOLD MEDAL TEST (Three Dances & Basic Movements)

AWARDS: SDTA Gold medal and certificate

Highland Fling 4 steps

Sword Dance 2 slow steps and 1 quick step – 1st, 2nd or 4th, 8th
Seann Triubhas 3 slow steps and 1 quick step – 1st, 2nd, 4th or 5th,16th
4 Progressive Strathspey movements showing body turns

4 Progressive Reel movements showing body turns

NOTE: Candidates for Scottish Award 1 to 6 must be able to demonstrate the steps/dances required in the syllabus EVEN if using Championship steps throughout the test. From Scottish Award 1 to 6, candidates must use double hilted swords. Demonstration steps are danced without music.

SCOTTISH AWARD 1 MEDAL TEST (Four Dances)

AWARDS: SDTA plague and certificate

Highland Fling 4 steps – 1st,2nd,4th,8th

Sword Dance 2 slow steps and 1 quick step – 1st, 2nd, 8th

Seann Triubhas 3 slow steps and 1 quick step – 1st,2nd,5th,14th Finish

entrechat method 1

Reel ½ Hullachan or Strathspey & Highland Reel (2 parts)

Teacher's choice of steps

Demonstrate Step Sword Dance 3rd step (any finish)

SCOTTISH AWARD 2 MEDAL TEST (Four Dances)

AWARDS: SDTA plague and certificate

Highland Fling 4 steps – 1st, 5th Alt, 4th Alt, 8th

Sword Dance 2 slow steps and 1 quick step – 1st, 5th, 8th

Seann Triubhas 4 slow steps and 2 quick steps – 1st, 2nd, 4th, 5th, 13th, 14th

Finish entrechat method 2

Reel Strathspey and Reel of Tulloch - (2 parts Strathspey and 4

parts Reel of Tulloch)

Teacher's choice of steps

Demonstrate Steps Highland Fling 6th step and 6th step 3rd Alt method

SCOTTISH AWARD 3 MEDAL TEST (Four Dances)

AWARDS: SDTA plaque and certificate

Highland Fling 4 steps – 1st, 5th, 6th - 3rd alt method, 8th alt

Sword Dance 3 slow steps and 1 quick step – 1st, 4th, 3rd (any method), 8th Seann Triubhas 4 slow steps and 2 quick steps – 1st, 3rd, 4th alt, 8th, 18th, 14th

finishing method 1

Reel Strathspey & Highland Reel (2 parts Strathspey and 2 parts

Highland Reel) to include 6th and last step

Demonstrate Step Sword Dance 6th step

SCOTTISH AWARD 4 MEDAL TEST (Four Dances)

AWARDS: SDTA plaque and certificate

Highland Fling 4 steps – 1st, 2nd, 6th – 4th alt method, 8th Sword Dance 2 slow steps and 2 quick step – 1st, 6th, 7th, 8th

Seann Triubhas 4 slow steps and 2 quick steps – 1st alt, 2nd, 5th, 9th, 14th & 16th

finishing Entrechat method 3

SCOTTISH AWARD 5 MEDAL TEST (Four Dances)

AWARDS: SDTA plaque and certificate

Highland Fling 4 steps - 1st, 5th alt, 6th - 2nd alt method, 8th

Sword Dance 3 slow steps and 1 quick step - 1st, 2nd, 3rd (finish with High

Cuts), 7th

Seann Triubhas 4 slow steps and 2 quick steps - 1st, 2nd, 6th, 10th alt with travel,

15th, 16th finishing Entrechat method 4

Reel Strathspey & Highland Reel (2 parts Strathspey and 4

parts Highland Reel)

Basic Introduction, 2 parts Strathspey with 2nd Alt finish on

bars 7 & 8

Highland Reel – 2nd, 7th, 10th and last.

Demonstrate Step Highland Fling 7th step

SCOTTISH AWARD 6 MEDAL TEST (Four Dances)

AWARDS: SDTA plague and certificate

Highland Fling 4 steps - 1st, 2nd, 7th, 8th

Sword Dance 3 slow steps and 1 quick step - 1st, 5th, 6th, 8th

Seann Triubhas 4 slow steps and 2 quick steps - 1st, 2nd, 7th, 11th, 13th, 18th

finishing Entrechat method 5 or 6

Reel Strathspey & Reel of Tulloch (2 parts Strathspey and 4

parts Reel of Tulloch)

Alt. Introduction, 2 parts Strathspey with 3rd Alt finish on bars 7 &

8

Reel - 1st, 4th, 5th and last.

Demonstrate Step Highland Fling 6th step – 5th alt method

SCOTTISH NATIONAL MEDAL TESTS

DRESS

Scottish National Dress should be worn from Pre-Bronze to Scottish Award 3 including Scottish National One Dance Tests. Highland Dress for Scottish Award 4 and 5.

AWARDS: Medal and certificate

Pre-Bronze (One dance) 4 Steps Flora Macdonald *or* Scottish Lilt *or* Dusty Miller

Bronze (Two dances)
Silver (Three dances) 4 Steps Flora Macdonald and Scottish Lilt

4 Steps Flora Macdonald, Scottish Lilt and WTGTT

Barracks, Johnnie?

(Teacher's choice of steps for Pre-Bronze - Silver tests above)

GOLD

AWARDS: Medal and certificate

Highland Laddie	1 st	3 rd	4 th	6 th
Flora Macdonald	1 st	3 rd	4 th or 5 th	6 th
WTGTT Barracks, Johnnie?	1 st	3 rd	5 th	8 th

NOTE: Candidates for Scottish Award 1 to 5 must be able to demonstrate the steps/dances required in the syllabus EVEN if using Premiership steps throughout the test. Demonstration steps are danced without music.

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AWARDS:	Plaque	and	certificate

Highland Laddie	1 st	2 nd	5 th	6 th
Scotch Measure	1 st	2 nd	5 th	6 th
Blue Bonnets	1 st	2 nd	5 th	6 th

SCOTTISH AWARD 2

AWARDS: Plaque and certificate	AWARDS: Plaq	ue and	l certii	ficate
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Village Maid	1 st	2 nd	5 th	6 th
Scotch Measure	1 st	3^{rd}	4 th	6 th
Blue Bonnets	1 st	3 rd	4 th	6 th

SCOTTISH AWARD 3

AWARDS:	Plaque	and	certi	ficate	е
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Village Maid	1 st	3 rd	4 th	6 th
Hebridean Laddie	1 st	3 rd	4 th	8 th
Earl of Errol	1 st	2 nd	3 rd	6 th

SCOTTISH AWARD 4

(Arms as for Highland)

AWARDS: Plaque and certificate

Tribute to J.L. McKenzie	1 st	2 nd	3^{rd}	6 th
Hebridean Laddie	1 st	5 th	6 th	8 th
Earl of Errol	1 st	2 nd	3 rd	6 th

SCOTTISH AWARD 5

(Arms as for Highland)

AWARDS: Plaque and certificate

Tribute to J.L. McKenzie	1 st	4 th	5 th	6 th
Hebridean Laddie	1 st	2 nd	7 th	8 th
Earl of Errol	1 st	4 th	5 th	6 th with leaps

SCOTTISH NATIONAL ONE DANCE TESTS

AWARDS: Medal and ce	rtificate				
SCOTTISH LILT	Level 1	1 st	3 rd	4 th	8 th
	Level 2	1 st	2 nd	3 rd	8 th
	Level 3	1 st	3 rd	7 th	8 th
FLORA MacDONALD	Level 1	1 st	2 nd	5 th	6 th
	Level 2	1 st	2 nd	3 rd or 4 th	6 th
	Level 3	1 st	3 rd	5 th	6 th
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WILT THOUGH GO TO	Level 1	1 st	2 nd	4 th	8 th
THE BARRACKS,	Level 2	1 st	2 nd	3 rd	8 th
JOHNNIE?	Level 3	1 st	3 rd	5 th or 7 th	8 th
HIGHLAND LADDIE	Level 1	1 st	2 nd	3 rd	6 th
	Level 2	1 st	2 nd	4 th	6 th
	Level 3	1 st	3^{rd}	4 th	6 th
SCOTCH MEASURE	Level 1	1 st	2 nd	5 th	6 th
300 TOTI MEASONE	Level 2	1 st	3 rd	5 th	6 th
	Level 2	1 1 st	3 rd	4 th	6 th
	LCVCIO	ı	J	T	U
VIII LAGE MAID	Laurald	4 et	O nd	⊏ th	O th
VILLAGE MAID	Level 1	1 st	2 nd	5 th	6 th
	Level 2	1 st	3 rd 4 th	5 th 5 th	6 th 6 th
	Level 3	1 st	4**	5 "'	ο
EARL OF ERROL	Level 1	1 st	2 nd	4 th	6 th
	Level 2	1 st	4 th	5 th	6 th
	Level 3	1 st	3 rd	4 th	6 th
BLUE BONNETS	Level 1	1 st	2 nd	5 th	6 th
	Level 2	1 st	2 nd	3 rd	6 th
	Level 3	1 st	2 nd or 3 rd	4 th	6 th
TRIBUTE TO JL	Level 1	1 st	2 nd	3 rd	6 th
McKENZIE	Level 2	1 1 st	4 th	5 th	6 th
WORLINGIL	Level 2 Level 3	1 st	2 nd	5 th	6 th
	FEACI 3	I	4	5	O
		4 Ot	and	ord	ساد ہے
HEBRIDEAN LADDIE	Level 1	1 st	2 nd	3 rd	8 th
	Level 2	1 st	4 th	6 th	8 th
NOTE TO A A	Level 3	1 st	5 th	7 th	8 th

NOTE: These tests may be taken in any order.

IRISH JIG TESTS

Due to the difficulty in obtaining Jig shoes, any suitable shoe is acceptable except tap shoes.

PRE BRONZE STANDARD (Three Steps & 1 Finishing Step)

AWARDS: Medal and certificate

Teacher's choice of steps

BRONZE MEDAL TEST (Four Steps)

AWARDS: Medal and certificate

1	1 st	Circle
2	2 nd	Shuffling

3 10th Four Beat Side Run 4 2nd Finishing Step Triple Shuffle

SILVER MEDAL TEST (Four Steps)

AWARDS: Medal and certificate

1	1 st	Circle
2	2 nd	Shuffling

3 6th Diagonal Travel 4 2nd Finishing Step Triple Shuffle

GOLD MEDAL TEST (Five Steps)

AWARDS: Medal and certificate

1	1 st	Circle
2	2 nd	Shuffling

3 4th The Chase, either method

4 5th Flap

5 3rd Finishing Step Heel Travel

SCOTTISH AWARD 1 (Five Steps)

AWARDS: Plaque and certificate

1	1 st	Circle

2 2nd Shuffling turning with double shuffle bars 5-6 &13-14

3 11th Second Diagonal Travel

4 1st Finishing Step Toe-Tap 5 3rd Finishing Step Heel Travel

SCOTTISH AWARD 2 (Five Steps)

AWARDS: Plaque and certificate

1 st

-	•	• • . •
2	2 nd	Shuffling turning with Toe-Tap bars 5-6 and 13-14

Circle

3 3rd Break Step 4 7th Donnybrook

5 8th Cross and Clip Heels

SCOTTISH AWARD 3 (Five Steps) AWARDS: Plaque and certificate

1	1 st	Circle
2	3 rd	Break Step with Alt. method bars 5-6 and 13-14
3	5 th	Flap with Hop
4	8 th	Cross and Clip Heels using Break C
5	3 rd Finishing Step	Heel Travel

SCOTTISH AWARD 4 (Five Steps) AWARDS: Plaque and certificate

	Intro	Method 5 th (Males use Male Intro)
1	1 st	Circle finished using cramp roll bars 15-16
2	4 th	Chase using Method A
3	9 th	Diagonal Roll
4	1 st Finishing Step	Toe Tap using Break B
5	8 th	Cross and Clip Heels

SAILORS' HORNPIPE TESTS

PRE BRONZE STANDARD (Four Steps)

AWARDS: Medal and certificate

Teacher's choice of steps - Single High Cuts accepted

BRONZE STANDARD (Four Steps)

AWARDS: Medal and certificate

1 1st Circle

2 2nd Shuffle over the Buckle

3 9th Heel Pull 4 16th High Cutting

SILVER STANDARD (Four Steps)

AWARDS: Medal and certificate

1 1st Circle

2 2nd Shuffle over the Buckle

3 12th Rocking 4 16th High Cutting

GOLD STANDARD (Five Steps)

AWARDS: Medal and certificate

1 1st Circle

2 3rd Diagonal Travel
3 6th Gathering
4 13th Toe-Heel
5 16th High Cutting

SCOTTISH AWARD 1 (Five Steps)

AWARDS: Plaque and certificate

4 15th Forward Crab Walk

5 16th High Cutting

SCOTTISH AWARD 2 (Five Steps)

AWARDS: Plague and certificate

1 1st Circle Using Polka Step

2 2nd Shuffle over the Buckle using Break C with Shake

3 5th Scissors 4 8th Crab Walk

5 16th High Cutting with Variations

SCOTTISH AWARD 3 (Five Steps) AWARDS: Plaque and certificate

- 1	ntro	Alternative Method with Break A
1	1 st	Circle
2	2 nd	Shuffle over the buckle
3	11 th	Low Cutting
4	13 th Alt.	Toe Heel
5	16 th	High Cutting with Variations

SCOTTISH AWARD 4 (Five Steps) AWARDS: Plaque and certificate

1	1 st	Circle
2	11 th	Low Cutting without Break
3	12 th Alt	Rocking
4	14 th	Run and Cable Haul
5	16 th	High Cutting with Variations

CHOREOGRAPHY TESTS

- 1. These tests can be taken in any order.
- 2. Candidates can be taken in groups of two or three if using the same choreography, although each will be examined individually
- 3. Costume Scottish theme suitable for the dance *or* Highland and Scottish National dress will be acceptable.
- 4. Music predominantly a Scottish theme. Lyrics are accepted.
- 5. Steps should predominantly use movements from Highland, Scottish National, Irish Jig and Sailors' Hornpipe.

AWARDS: Medal and certificate

BRAEMAR AWARD

Solo Dance Teacher's Choreography

Time − 1 to 1½ minutes approximately

BALMORAL AWARD

Solo Dance Teacher's Choreography

Time - 1½ to 2 minutes approximately

GLAMIS AWARD

Solo Dance Candidate's Choreography

Time - 1½ to 2 minutes approximately

ABOYNE AWARD

Solo Dance Candidate's Choreography

Time − 2 to 2½ minutes approximately

GROUP PERFORMANCE AWARDS

These Awards are an opportunity for pupils/students to dance as a group, promoting teamwork and performance skills.

- 1. Groups have a minimum entry of 3 candidates. There is no upper limit.
- 2. Dances may be in any dance style/genre including Song and Dance, and may be:
 - a. Adapted or developed from suitable Medal Test dances
 - b. Teachers' own choreography from Grades, Shows, or Festivals
- 3. Candidates will dance/mark through their routine once, and then the Examiner will watch the performance.
- 4. One group feedback report will be given by the Examiner, and all candidates will receive individual medals and certificates.
- 5. Time allowed for Award 10 minutes per group.
- 6. Teachers may be present in the studio with Juvenile groups only.
- 7. Simple appropriate costumes or props may be used.
- 8. Care should be taken to display the candidates' ability to retain their positions, move between shapes/lines, and use patterns and directions.

AWARDS: Medal and certificate

JUVENILE

Age guide 4 to 7 years Level 1

Level 2

Level 3

Time - 1 to 2 minutes approximately

JUNIOR

Age guide 6 to 12 years Level 1

Level 2

Level 3

Time - 2 to 3 minutes approximately

SENIOR

Age guide 11 years & over Level 1

Level 2

Level 3

Time - 3 to 4 minutes approximately

RESULTS

40 - 49%	20 - 24 marks	Pass
40 - 43/0	20 - 2 4 IIIains	гаээ

50 - 69% 25 - 34 marks Commended

70 - 100% 35 - 50 marks Highly Commended

HIGHLAND GRADE EXAMINATIONS

PRIMARY FOUNDATION

AWARDS: Pin badge and certificate

For candidates under the age of 10 years and demonstration only required.

Barre Work

Positions of Feet 1st, 2nd, 3rd, 4th & 5th. All (except 1st position) with the

working foot placed on the toe and with the supporting

foot flat.

Basic Movements Hop, Spring, Shedding, Toe and Heel, Spring Points in 4th

position

Centre Work

Candidates are required to demonstrate the grouping of fingers, correct stance, positions of arms (1st - 5th), bow, spaces in Swords

Practical

Highland Fling – 4 steps (with music)
Pas De Basque & High Cuts (with music)

PRIMARY

AWARDS: Pin badge and certificate

For candidates under the age of 10 years.

Count, demonstrate and describe (if applicable) all work from Primary Foundation including the following:

Barre Work

Positions of Feet Demonstrate & describe – 1st, 2nd with the working foot

placed on the toe and with the supporting foot flat.

Demonstrate - 3rd, 4th & 5th. All with the working foot placed on the toe and with the supporting foot flat.

Basic Movements Demonstrate & describe - Hop, Spring,

Demonstrate - Shedding, Toe and Heel, Spring Points in

4th position

Centre Work

Candidates are required to demonstrate and describe 1st position of Arms, the grouping of fingers and Spaces and Spots of Swords.

Demonstrate correct stance, positions of arms (2nd - 5th), bow, spaces in Swords

Practical

Highland Fling – 4 steps (with music)

Sword Dance – 1st, 2nd or 4th with or without music

HIGHLAND GRADE 1

AWARDS: Pin badge and certificate

Count (if applicable), demonstrate and describe all work from Primary including the following:

Barre Work

Positions of Feet 1st, 2nd, 3rd, 3rd Aerial, 3rd Rear Aerial, 4th & 5th. All (except

1st position) with the working foot placed on the toe and

with the supporting foot flat.

Basic Movements Hop, Spring, Shedding, Toe and Heel, Spring Points in 4th

position

Centre Work

Candidates are required to demonstrate the grouping of fingers, correct stance, positions of arms (1st - 5th), Bow, spaces in Swords including corners and sword numbers, line of direction. Demonstrate, describe and count introduction for Highland Fling.

Practical

Highland Fling - 1st, 3rd, 6th, 8th Sword Dance – 1st, 2nd or 4th, 7th or 8th

HIGHLAND GRADE 2

AWARDS: Pin badge and certificate

Count (if applicable), demonstrate and describe all work from Grade 1 including the following:

Barre Work

Positions of Feet – As for Grade 1 with the working foot placed on the toe only plus 2nd Aerial position (all levels) and 4th opposite 5thposition.

Basic Movements – Back-steps, Rocks, High Cut, Shake for Highland Fling, Pas de Basques, Open Pas de Basques in 4th opposite 5th position

Centre Work

Demonstrate the auxiliary spots of the Sword, placing of working foot on ½ point. Arm work as for grade 1

Head positions

Introduction for the Sword Dance (one method)

<u>Practical</u>

Highland Fling - 1st, 2nd, 4th, 8th Sword Dance – 1st, 2nd, 8th

HIGHLAND GRADE 3

AWARDS: Pin badge and certificate

Count (if applicable), demonstrate and describe all work from Grade 1 & 2 including the following:

Barre Work

Positions of Feet – As for Grade 1 & 2 with the working foot placed on the toe only plus 4th Aerial position, 4th Rear position, Mid 4th position and Mid 4th Aerial position.

Basic Movements – Outward & Inward Brushes, Shuffle, Assemble, Disassemble, Hop Brush Beat Beat.

Centre Work

Raising and lowering of the arms
Placing of working foot on the ball
Aerial and open positions
Introduction for the Seann Triubhas (one method)

Practical

Sword Dance – 1st, 4th, 7th or 8th Seann Triubhas – 1st, 2nd, 4th, any quick step and any finishing method

HIGHLAND GRADE 4

AWARDS: Pin badge and certificate

Count (if applicable), demonstrate and describe all work from Grade 1 to 3 including the following:

Barre Work

Positions of Feet – As for Grade 1 to 3 with the working foot placed on the toe only plus 4th Intermediate position, 4th Intermediate rear position and

4th Intermediate rear aerial position.

Basic Movements – Shake for Seann Triubhas, Balance, Entrechat, Travelling Balance, Round-the-Leg (single and double), Open Pas de Basques in all positions and where to apply.

Centre Work

Circling of the arms
Placing of working foot on the heel
Supporting foot
Ground and rear positions
Introduction for the Seann Triubhas (one method)

Practical

Seann Triubhas – 1st, 2nd, 9th, any quick step and Entrechat finish. ½ Hullachan – any setting steps.

HIGHLAND GRADE 5

AWARDS: Pin badge and certificate

Count (if applicable), demonstrate and describe all work from Grade 1 to 4 including the following:

Barre Work

Positions of Feet – As for Grade 1 to 4 with the working foot placed on the toe only plus 3rd Rear position, 5th position, 5th Rear position, 3rd crossed position.

Basic Movements – Shake Shake Down, Heel and Toe, Change, Leap, Step, Pivot turn, Low Cutting (for Highland Fling).

Centre Work

Closed position Introduction for the Strathspey (one method)

<u>Practical</u>

Highland Fling – 1st, 5th alt, 6th – 4th alt, 8th Strathspey & Highland Reel – any setting steps.

HIGHLAND GRADE 6

AWARDS: Pin badge and certificate

Count (if applicable), demonstrate and describe all work from Grade 1 to 5 including the following:

Barre Work

Positions of Feet – As for Grade 1 to 5 with the working foot placed on the toe, $\frac{1}{2}$ point, ball, heel in all positions.

Basic Movements – High cut in front, Propelled Pivot Turn, Progressive Strathspey & Highland Reel, Spring Points (bar $4 - 2^{nd}$ step Sword Dance).

Centre Work

General rule for movement of arms

Practical

Sword Dance – 2 & 2 any steps.

Strathspey & ½ Tulloch – any setting steps.

NOTE: Candidates from Grades 1 to 6 will be marked as for Medal Tests taken on the same day but candidates must be able to demonstrate steps/dances from the Grade syllabus if not included in the medal test. Candidates will be assessed on both theoretical knowledge and on practical demonstration of Barre and Centre work in addition to dances required in Practical section.

Examiner may nominate Highland Grade Candidates to participate in the SDTA Highland Scholarships.

SCOTTISH NATIONAL GRADE EXAMINATIONS

PRIMARY

AWARDS: Pin badge and certificate

For candidates under the age of 10 years and demonstration only required.

Barre Work

Positions of Feet - 1st, 2nd, 3rd, 4th & 5th. All (except 1st position) with the

working foot placed on the toe and with the supporting

foot flat.

Basic Movements - Bourrée devant, Derrière, Hop, Spring, Spring Points,

Assemble, Changes.

Centre Work

Girls - Holding the skirt, curtsey

Boys - Bow

Arm Positions - 1st, 2nd, 3rd, 4th, 5th

Practical

Scottish Lilt or Dusty Miller (with music)

4 steps - Teacher's choice of steps.

SCOTTISH NATIONAL GRADE 1

AWARDS: Pin badge and certificate

Count (if applicable), demonstrate and describe all work from Primary.

Barre Work

Positions of Feet - 1st, 2nd, 3rd, 4th & 5th. All (except 1st position) with the

working foot placed on the toe and with the supporting

foot flat.

Basic Movements - Bourrée devant, Derrière, Hop, Spring, Spring Points,

Assemble, Changes.

Centre Work

Girls - Holding skirt, curtsey

Boys - Bow

Arm Positions - 1st, 2nd, 3rd, 4th, 5th

Practical

Scottish Lilt - 4 Steps (with music)

Teacher's choice of steps

SCOTTISH NATIONAL GRADE 2

AWARDS: Pin badge and certificate

Count (if applicable), demonstrate and describe all work from Grade 1 including the following:

Barre Work

Positions of Feet - With the working foot placed on the toe only plus 2nd

Aerial position (all levels), 3rd Aerial (all levels), 3rd Rear

Aerial (both levels), 4th Aerial, Mid 4th Aerial.

Basic Movements - Changes, Disassemble, Hop brush beat beat, Brush to

2nd Aerial low position, Retire Skips.

Centre Work Head positions

The break for Flora MacDonald's Fancy

The Introduction to Flora MacDonald's Fancy

The Introduction to the Scottish Lilt

<u>Practical</u>

Flora MacDonald's Fancy - 4 steps (with music)

Teacher's choice of steps

Demonstrate the 3rd step in the Scottish Lilt (without music)

SCOTTISH NATIONAL GRADE 3

AWARDS: Pin badge and certificate

Count (if applicable), demonstrate and describe all work from Grade 1 & 2 including the following:

Barre Work

Positions of Feet - Forward 2nd, Forward 2nd Aerial, 3rd Rear,

4th Rear, 5th Rear,

Basic Movements - High cut in front and travel from WTGT Barracks, Johnnie

Pas de basque derrière, Entrechat

Centre Work

Plie and Turn

Hop and Travel (both positions) The break for Barracks Johnnie Introduction to Barracks Johnnie Introduction to Highland Laddie

Practical

Wilt though go to the Barracks, Johnnie? 4 steps (with music)

Teacher's choice of steps

Demonstrate the 5th step of the Flora MacDonald (without music)

SCOTTISH NATIONAL GRADE 4

AWARDS: Pin badge and certificate

Count (if applicable), demonstrate and describe all work from Grade 1 to 3 including the following:

Barre Work

Positions of the Feet - Inverted 2nd position, 3rd crossed, 4th intermediate position,

4th intermediate aerial (both levels), 4th intermediate rear,

4th intermediate rear aerial (both levels)

Basic Movements - Ronde, Lateral Coupes, Shuffles for Highland Laddie and

Flora MacDonald, Developpe

Centre Work

Skip Change of Step 7 Step Side Travel Syncopated Hop Pas de Valse

Practical

Highland Laddie - 4 Steps (with music)

Teacher's choice of steps

Demonstrate the 2nd step of Wilt though go to the Barracks, Johnnie? (without music)

Demonstrate the 5th step of the Scottish Lilt (without music)

NOTE: Candidates from Grades 1 to 4 will be marked as for Medal Tests taken on the same day but candidates must be able to demonstrate steps/dances from the Grade syllabus if not included in the medal test. Candidates will be assessed on both theoretical knowledge and on practical demonstration of Barre and Centre work in addition to dances required in Practical section.

National Grade Candidates will not be eligible to participate in the SDTA Highland Scholarships.

IRISH JIG ADVANCED EXAMINATION

AWARDS: Pin badge and certificate

Candidates should be 14 years or over.

Count (if applicable), demonstrate and describe:

Barre Work

Positions of Feet - Inverted 2nd Aerial, Forward 2nd, Forward 5th and where

they can be used

Basic Movements - Stamp, Tap-spring, Tap-step, Toe tap, Heel tap, Heel

beat, Heel dig, Heel change, Flap, Slap, Heel clicks,

Shuffles

Centre Work

Female Arms - 1, 2, 3, 6

<u>or</u>

Male Arms - 1, 2,3 Shillelagh action

Break A, B, C

Female Introductions 1st and 2nd methods

Male Introduction.

Practical

Irish Jig - 3 steps and 1 Finishing step (with music)

Teacher's choice of steps

SAILOR'S HORNPIPE ADVANCED EXAMINATION

AWARDS: Pin badge and certificate

Candidates should be 14 years or over.

Count (if applicable), demonstrate and describe:

Barre Work

Positions of Feet - Inverted 1st, Inverted 2nd, Forward 2nd Aerial, Inverted 5th,

Forward 5th.

Basic Movements - Heel tap, Heel Dig, Shuffle, Ball-change, Shuffle over the

Buckle, Hoisting Slacks

Centre Work

Arm positions - 1st, 2nd, 3rd, 4th

Arm actions - Hauling, Pulling Ropes downwards and inwards, Casting,

Hitching

All Hornpipe Breaks

All Hornpipe Introductions

Salute

Practical

Hornpipe - 5 steps (with music)

Teacher's choice of steps